

Case Note

Participant name:

Case number:

Counselor:

Date:

Jan and VR counselor met today to jointly develop the IPE. Jan is looking for a job that is entry level and part time to supplement her SSDI income, such as a home-based computer job or office clerk position. IPE objectives selected relate to the services required for successful employment that meets Jan's financial need in a competitive employment environment.

Jan reports that her primary disability is osteoarthritis, secondary disability is mental health (anxiety). Jan states she is stable on her medications and is active in her counseling program. Jan also reports chronic pain in her back and neck from degenerative discs, as well as problems with stamina, lifting, standing, and squatting. She also has issues with anxiety and nervousness. We were able to identify six major life activities and the necessary services in relation to her disability, functional limitations, and ability to work.

The major life areas affected are interpersonal skills, mobility, self-care and home care, self-direction, work skills, and work tolerance.

Other mobility functional limitations:

- 1) limited range of motion due to arthritis and disc disease;
- 2) unable to manage personal health at a level necessary to prepare for or maintain employment;
- 3) unable to identify steps necessary to reach goals due to physical/mental health problems;
- 4) unable to perform tasks at a competitive work pace due to stamina problems;
- 5) unable to work for an eight-hour day, with breaks every two hours, due to limitations in mental or physical stamina;
- 6) unable to sit/stand for more than two hours.

Jan, along with her AIVRS counselor, has completed a labor market survey and conducted two informational interviews with individuals currently working in this type of employment. In researching career options, the position of office clerk appears to provide the best work environment in which to utilize her existing transferable skills compatible with her limitations. The following services are listed in the IPE:

- 1) VR counseling and guidance
- 2) employment services
- 3) AT Assessment
- 4) functional capacity assessment

Jan is currently prescribed medications from her primary physician to help manage her symptoms.

Total Plan Projected Costs = \$2,852.00

Jan meets economic need. Jan has signed the agreement to participate in the program and complete all IPE requirements in a timely manner. She will continue to maintain monthly contact with her VR counselor and actively participate in her VR services. The VR counselor will continue to provide vocational guidance, counseling, and planning assistance in order to support a successful employment outcome.

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